**2020**

# Parent Welcome Packet

“The Lionhearts Fitness Program combines different sports and athletic methodologies to provide an environment that fosters excellence, allowing

participants to develop the self-discipline, integrity, confidence, character, courage, dedication, teamwork, and strong work ethic needed for future success.”

 **Lionhearts Fitness & Youth Center**

4075 Cloud Springs Rd., Ringgold, GA. 30736

Michele “shell” Luccketta

Please encourage your child(ren) to participate in all activities, and ALWAYS listen to coach!

# Money Talk

Youth Group Classes: run weekly throughout the year

|  |  |  |
| --- | --- | --- |
| **Payment Commitment** | **Classes per Week**  | **Cost**  |
| Drop-in Fee |  | $15 |
| Monthly | 1 | $45 |
| Monthly | 2 | $85 |
| Monthly  | 3 | $95 |
| Monthly | Unlimited | $110 |
| Bi-Annual | Unlimited | $600 |
| Annual | Unlimited | $960 |

*\*Unlimited packages can be shared with* ***one*** *person. $20 each additional person\**

Race Pricing/Location will be based on the venue, each will vary.

* Race admission generally cost $20-$75. We will always race as a team.
* Be prepared for: race/tournament/travel fees, volunteering to cover costs of race fees and other incidentals.

We will do everything we can to make sure each child is included in all events.

Scholarship

* We have scholarship & work programs available for families that fill out the hardship form & contract
* We will only be accepting **50** scholarship students at a time
* We have a waiting list for **20** students.
* There is a $15 fee to be placed on the waiting list.
* If your student misses’ class for **2 weeks**, he/she will be dropped from the program
* Emergency situations will be the only exception
* We have Full & Partial Scholarship options that will include **mandatory** community service & work program

# Communication

We understand that parents deserve peace of mind once their children are left in the care of our instructors and coaches. Therefore, one of the most important aspects of our program is the commitment to maintaining open communication between parents and staff. We want our programs to be as accessible and transparent as possible. We welcome feedback. We can always improve our program and offer you and your child the best experience possible. Thank you for a wonderful opportunity to make a difference.

Daily Drop Off & Pick Up

The following procedures have been established to provide you and our trainers with the information needed to protect the health, safety, and well-being of your child while in our care:

* All youth must be picked up from class NO LATER than 5 minutes after the end of class.

*$5 charge for every minute past pick up time arranged.*

* Children will be signed in and out each day by their parent, guardian, or authorized adult
* Unless prior written arrangements have been made only parents or parent representatives shown on the Authorization Form (bottom portion of Liability Waiver) may pick up your child

## Dress Code

During class and any Lionhearts activity, children should come appropriately dressed for the weather and daily sport activities. This will ensure their participation in all activities without restriction.

* Girls are encouraged to wear shorts, capri’s, or pants instead of dresses or skirts
* Participants are asked to wear socks and respective sport shoe (cleats) & sneakers
* Proper protective gear is required per respective sport
* Clothing may not display inappropriate language, violence, or lewdness

## Personal Belongings

There are no provisions to thoroughly safeguard personal belongings such as electronic equipment, video recorders, video games, toys, or other items of value. Bringing items of this nature to class is discouraged. The staff will work with the youth to ensure they learn to take responsibility for their personal items. All possessions (including lunch boxes, coolers, backpacks, balls, etc.) must be labeled in permanent marker with the child’s first and last name.

## Things to Keep at Home

* Any items considered dangerous (knives, gun, weapons, fireworks, lighters, etc.)
* Money, jewelry, or any expensive articles
* Tablets and other electronic devices
* CELL PHONES: while at Lionhearts Fitness, your child will not be allowed to carry his or her cell phone on their person. All cell phones will stay in backpacks. They may check them at break times.

## What to Bring to Class

* Refillable Water bottle (with child’s name written on it)

## Discipline

Redirection, discussion, choices, and consequences are behavior modifications used when behavior requires disciplinary action. If these methods do not correct the behavior other actions such as suspension for various periods of time will be employed. Any act of physical violence towards anyone at all, will not be tolerated. Depending on the severity of the situation, immediate removal from the program may be warranted. Please see the detailed discipline policy in this handbook for further information and parent acknowledgment signature.

## Infectious Disease/Illness

Children with an infectious disease or severe illness will not be allowed to remain at class or to return to class until a note of medical release is received. In all emergencies, staff members /instructors will take reasonable measures to ensure the safety and welfare of participants. When illness merits greater care than the instructors can effectively provide without compromising the safety and health of other student, the parent, legal guardian, or other person authorized by the parent will be notified immediately to pick up the affected youth.

## Forms Required on the First Day of Class

* Copy of Parent Handbook
* Signed Liability Waivers
* Pick-Up Authorization Form
* Acknowledgement of Discipline Policy
* Hardship Form
* Donation Agreement Form